Walking with Ryedale Walking Group? Here's What to Know!

We want you to have a great time walking with us, so here are a few things to keep in mind:

Before the Walk:

- Our group loves to chat and catch up before setting off. Arriving 15 minutes early gives you a chance to meet everyone and check in with the walk leader.

On the Walk:

- Wear comfy walking boots and bring water, snacks, spare clothing, and waterproofs.
- The pace of the walk is determined by the slowest walker, particularly the short, easy walks which are scheduled to accommodate the less athletic members. If you find a slow walk frustrating maybe chose the more challenging/ longer walks which tend to go at a brisker pace.
- Stay behind the walk leader—they know the route!
- We should take care of everyone in the group and alert the leader if someone is struggling.
- A backmarker will usually be assigned to stay at the rear—make sure you're always ahead of them.
- Try to keep an eye on the person in front and behind you, so no one gets left behind.
- If you use walking poles, be mindful of others, especially near stiles.

Roads & Fields:

- Walk in single file on roads, usually on the right, to face traffic—just follow the leader! We suggest the leader and backmarker wear hi-vis vests when walking on the road.
- When crossing a ploughed or cropped field, walk in single file to protect the crops.

Breaks & Stops:

- The walk leader will let you know when and where we'll stop for food. Please take your rubbish with you.
- If you need a quick break along the way, let someone know (like the backmarker) so we don't lose you!

Bringing a Dog?

- Check the walk information first to make sure it's a suitable route.
- Keep your dog on a short lead (no extendable leads) and be mindful of livestock, wildlife, and crops. Some members are not comfortable around dogs. Please respect this.

Gates & Good Manners:

- If you're at the back, close any gates unless told otherwise—better safe than sorry!
- We walk on land owned by others, so let's be respectful and leave a good impression.

That's it! We look forward to walking with you soon.

